

# INTUITIVELY WORKED MASSAGE

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*Each treatment shaped around what your body needs on the day*

## *Massage*

*Deep tissue · Sports · Relaxation*

£65 – 60 mins

Hot Stone Full Body Massage

£80 – 75 mins

Indian Head Massage

£45 – 45 mins

Lymphatic Drainage

£60 – 60 mins

Energetic Fascial Release

£65 – 60 mins

Thai Foot Massage

£55 – 60 mins

Indian Head & Thai Foot Combination

*30 mins Indian Head · 30 mins Thai Foot*

£65 – 60 mins

Acupressure with Assisted Stretching

£65 – 60 mins

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## *Additional Options*

- Hot stones can be added to your treatment for **£10**
- 30-minute sessions available for specific areas
- 90 & 120-minute sessions available for deeper therapeutic work

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*Treatments can be seamlessly blended to suit your individual needs.*

**Tweeny Smart**

**Tel: 07920 069 079**